WE BELIEVE IN EVERY YOUNG PERSON'S PROMISE & POTENTIAL.





### DESTINATION GRADUATION

Youth in Foster Care
Prepared By:
The Foster Youth Pre-College Collective







PRE-COLLEGE COLLECTIVE



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# **DESTINATION GRADUATION**

Investing in the Educational Attainment of California's Youth in Foster Care

Special Thanks to the Report Underwriters





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### DESTINATION GRADUATION

Investing in the Educational Attainment of California's Youth in Foster Care

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### **Understanding Youth Experiences**



There was so much going on that I didn't even care about high school. It wasn't something that was on my mind, and throughout my childhood I was kept home from school as a punishment. I'm still struggling now in college. I do a lot of studying and taking notes and stuff but once I get to the test, I fail, and that's where it matters.

- D. • Age 19 • Riverside County • College Freshman • Currently in Foster Care



### **Understanding Youth Experiences**



When you are out of foster care you have a life to live, but when you are in it, it is like you are in a different world. There's so much control over my life, rules and regulations, and it doesn't really expose foster youth to opportunities as it should.

- M. • San Bernardino County • 11th Grade • Currently in Foster Care

I had such different experiences at a younger age, I had to realize I was maturing a little faster. And so I just had a hard time sitting in the school environment. It triggered me a lot. You don't know what people go through at home.

> - A. • Age 21 • Stanislaus County • College Student • Previously in Foster Care

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### **CA Policy Efforts to Address Challenges**

- School stability
- System coordination and flexibility
- Clarifying responsibility for meeting youth's educational needs



• Funding

### K-12 Foster Youth Need Deeper, More Consistent Support

For the most part, the social workers would say, 'What's your plan? You don't have a plan yet? Well, you need to come up with one.' They would give me ideas of things to do, but they didn't really help me navigate what was going on at school or with homework. They didn't help me try to find something that interests me, or help me pick between two careers. They would just tell me to talk to my foster parents about that or my school counselor. They never really did anything themselves.

- M. • Age 14 • 9<sup>th</sup> Grade • Currently in Foster Care





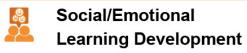
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### **PROGRAM PILLARS**

#### Complementary Services to Promote Educational Success for Youth in Foster Care

Grades 6-12 **Educational Support** 

- Academic Remediation
- Counseling
- Credit Recovery
- · Homework Assistance and Tutoring
- Study/Test Taking Skills
- Educational Rights Access/Awareness
- Caregiver Engagement
- Service Referrals



- Assessments
- · Interventions that build competencies, such as self-efficacy, self-awareness, decision making, social awareness, and relationship skills
- Counseling and Therapeutic Supports



#### **Post-Secondary Educational Support**

- Test Prep (SAT/ACT)
- · Application Assistance (Financial Aid, College, Career Training Education)
- **Campus Tours**

+ -x ÷

College Readiness/Immersion Programs

Academic Scholarships

**Emergency Assistance** 

Youth Stipends/Incentives

Enrichment Funds

• Linkages to Campus Resources

**Financial Assistance** 



#### **Career Exploration**

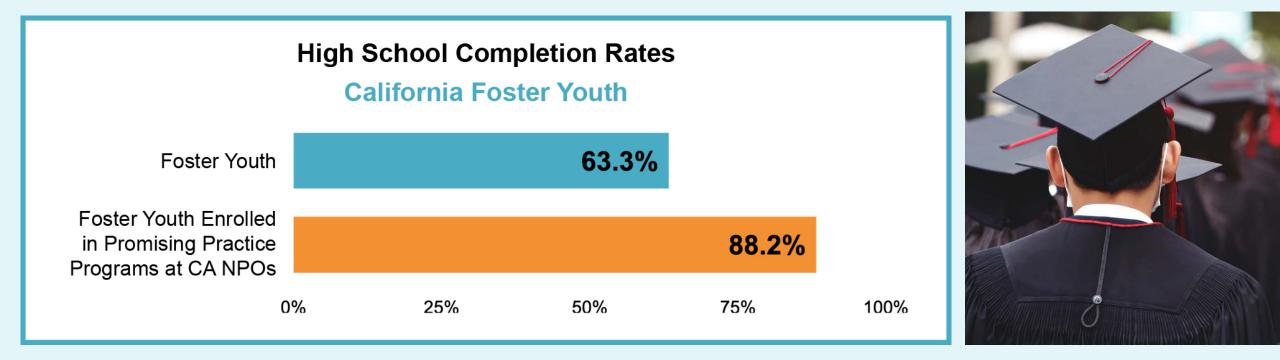
- Assessments
- Mentoring
- · Internships/Job Shadowing
- Job Application Assistance
- Professional Networking and **Exposure** Opportunities



- Alumni Initiatives
- Cultural/Social Events
- Strengthening Peer Connections
- Service Learning Programs
- · Youth Leadership Groups

PROMISING PRACTICES: The Drivers of Success	1:1 Intensive Customized Interventions	Frequent Interactions	Continuous Program Delivery Beyond System Involvement
	Ensure Youth Graduates High School and Pursues College or Career Goals	Keep Youth on Track to Achieve Success	Support Stable Transitions
oundational Supports	<ul> <li>Led by highly trained practitioners</li> <li>Trauma-informed</li> <li>MODALITIES: Individualized Coaching OR Peer Mentoring OR Specialized Educational Case Management (+Service Referrals)</li> </ul>	<ul> <li>Weekly/Biweekly Contact</li> <li>Individual Sessions</li> <li>In-Person and Virtual Check-ins</li> <li>Supplemented by Group Sharing/Peer-to-Peer Learning Opportunities</li> </ul>	<ul> <li>Maintain connections with youth experiencing major life transitions (i.e., post-high school graduation, exiting foster care, change in living arrangement)</li> <li>Extend the duration of services to include recent high school graduates pursuing post- secondary education to advance college and career success</li> </ul>
	FOCUS:	FOCUS:	FOCUS:
FYPC THE FOSTER YOUTH PRE-COLLEGE COLLECTIVE	Encourage youth's social/ emotional development, positive growth, motivation, and plan for academic success	Provide consistent, nurturing support to promote youth's well- being, monitor educational progress, and address urgent concerns	Build community, strengthen relationships, and offer practical skills and stabilizing supports that give current and former foster youth every opportunity to reach their full potential as independent, young adults

## **Closing the Educational Opportunity Gap for Youth in Care**





They are really cool. They been with me since I entered eighth grade, so we've literally grown up together. They always tell me that they see how much I've grown. They always have support for me, like all these college classes and workshops on women empowerment and financial aid.

- J. • Age 16 • Los Angeles County • 11<sup>th</sup> Grade • Currently in Foster Care

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They literally make me feel at home when I go to a meeting. I sometimes feel like I don't even have to talk. I love that for me. Because I do work a lot. And I do hard work. So when I can step into a space and can step back and just listen, I appreciate that.

> - R. • Age 18 • Recent High School Graduate • Previously in Kinship Care

Talking helps a lot. It helped me manage my emotions and grow as a person. I liked being a part of a learning community when I started community college, because it helped me build rapport with the professors and my peers who have lived foster care experience. This gave me a community and helped me understand how to navigate college.

> - I. • Age 19 • San Bernardino County • Recent High School Graduate • Extended Foster Care

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